

# ❖ REGIONAL NEWS ❖

## Contra Costa

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The weather has been very cool as of late at the Club Sport Valley Vista. Very nice for playing tennis and barbequing.

Our Junior Diablo North League finished the season with a super great ending. On Sunday in May the season ending play off was held at our club (Club Sport Valley Vista). All 19 courts were used all afternoon. There must have been 600 people including moms, dads brothers, sisters, aunts and uncles. the best part was the final match. The final ended in tie. The tie break also ended in a tie. So one point decided the winner. There were hot dogs with all fixin' chips and drinks for everyone.

I think the future of tennis looks very bright. The club has started and extensive court construction project this summer. The new courts will have the slip sheeting process and will be the US Open Blue colors.

On June 21 Orindawoods will host the sixth annual Ace It! Breast Cancer Awareness Day. With over 100 participants each year, this grass-roots fund raiser consisting of only small donations of between \$80-\$150 has raised over \$100,000 in the past five years for the Carol Ann Read Breast Center at Alta Bates. Ace It! started as a response to a couple of our members being struck with the terrible disease several years ago. The event is hosted by a committee consisting of USPTA pro **Keith Wheeler** and nine woman from the club.

The event starts with a guided warm-up, followed by seven courts of clinic given by local USPTA Pros **Patric Hermason, Philip Laubscher, Heather Anderson, Karl Rosenstock, Brad Reiser**, and host **Keith Wheeler**. A wonderful lunch on the deck follows the clinics and features presentation of the check to Alta Bates, and many raffle and door prizes. In the afternoon, we host the Ace It! Tournament at our club. In putting on this event, Orindawoods gets great support from several other facilities: Orinda Country Club, Sleepy Hollow Tennis Club and the Bentley School, who all

donate court time for the afternoon tournament. Many thanks to the pros **Jeff Southwick, Brian Thomas, Steve Squire, Heather Anderson** and Bentley Athletic Director **Emily Haas** for their support.

The Rancho Colorados Tennis and Swim, under the direction of **John Sharpe**, is gearing up for a busy summer. The summer junior team program has 100 juniors already signed up, the ladies Future Stares (for 2.5 ladies or below) summer sessions are full, and the ladies evening team practices are full filling to capacity. We are offering a Summer Wednesday Night Men's doubles league a ladies singles flex circuit, and four Friday nights of social mixed doubles. John is also offering 9 weeks of junior beginning clinics in the mornings. A big thanks to Molly Ogro Rancho Ladies coordinator, Bryan Plummer Rancho Men's coordinator and Michelle McDonagh summer mixed doubles for their help in making Rancho a great place to be!

Don't forget the Tournament of Champions is happening June 7th and 8th at St Mary's College in Moraga. this is the final USPTA Junior Circuit tournament of the year for juniors in the top eight point standings for their divisions in both Contra Costa and Napa/Solano. John reports that there are over 70 entrants in this season ending event.

Over at the Pleasanton Tennis Park they have started a Women's Academy that is designed for the competitive women looking to improve all aspects of their games. This includes extensive stroke development, match play and video analysis. They are also running a small middle school league, the Pleasanton Middle School League, for 6th-8th graders at the school. This may be expanded to the surrounding schools next year. They also offer the Cardio Tennis, which continues to be a popular program, the Shot of the Day, learn a new shot every week.

The Lafayette Tennis Club has resurfaced all of its courts with the US Open blue. The Club house and locker rooms has been fully remodeled. This year the club will host 13 USTA tournaments and of course will be offering the weekly Summer Tennis Camps for juniors. They have also added a new youth in house tennis league held on Sundays

from 5-7 pm. This is designed for the beginning junior player and is in the team oriented format. Besides all of the Adults USTA Leagues on the weekends the club will be running the Lafayette Parks and Rec Tennis classes at the club location.



## Central Valley

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On July 17, the U.S.T.A. Northern California section will honor U.S.P.T.A. Pro **Mark Fairchild** at Stanford University. Mark has been the tennis director at the Modesto Fitness and Racquet Club since 1991. Mark is a native Modestan who grew up in the Seascape area. He graduated from the University of the Pacific where he received All-American honors in tennis, and went on to be ranked #1 in NorCal men's singles and doubles. He is now Vice-President of the U.S.P.T.A. Our congratulations to Mark on being inducted into the 2008 NorCal U.S.T.A. Hall of Fame.

**Mark Weir**, the head pro at Del Rio Country Club, has entered the National Father-Daughter Tournament with his daughter Kelsey. The tournament will be held in San Diego at the Barnes Tennis Center in June.

This year, the annual Del Rio Grass Court Tournament format will change. Starting on June 26, for eight Wednesday evenings, the club will have an exciting doubles or singles exhibition match for Stanislaus County tennis players to watch and enjoy. Then, sometime in October, the club will host a doubles fundraiser for the restored Stanislaus State Women's Tennis Team. Also, Mark will host a U.S.T.A. Novice Junior Challenger in October.

U.S.P.T.A. Pro **Bill Weber** will be starting a Quick Start Tennis Program in conjunction with the Turlock Recreation Department for fourth through sixth grade students in the fall.

U.S.P.T.A. Pro **Steve Tiffin**, who is the director of tennis at the Woodbridge County Club, is ready for the summer. Steve will be organizing a junior exchange

## Central Valley continued

with the Marina Tennis Club as well as camps, leagues, club tournaments and many more summer activities. Interest in tennis is growing fast under Steve's direction at Woodbridge.

Hot news from **Scott Borowiak** in Stockton! The Marina Tennis Club, which was slated to be torn down and replaced with condos, is back and quite alive with tennis. All ten courts have been resurfaced to look like the courts at the U.S. Open. The official score is one-zero for tennis vs. condos. Scott said that he is ready for summer with camps and junior exchanges. In December, Scott will be taking 100 adult tennis players to Manzanillo, using two Las Hadas resorts that were in the famous movie "Ten," starring Bo Derek. Scott is looking for Northern California U.S.P.T.A. pros to help instruct clinics etc..... If interested, call Scott at (209)474-3935, and he will give you the low-down on the trip, including salaries and fringe benefits.

U.S.P.T.A. Pro **Mark Fairchilds** came close to winning another gold ball at the National Men's 30 Tournament in Sacramento. He was a Men's Doubles finalist and received a silver ball. The Modesto Fitness and Racquet Club hosted the U.S.P.T.A. Junior Cup on June 3-4 for boy's and girl's singles for 10 to 18 year olds. The players enjoyed being able to talk to their coaches on change-overs. Next up is a U.S.P.T.A. junior and family tournament, junior team tennis, summer camps and then, on August 15-17, the annual Modesto Open. In June, the club hosted the Courtside Juniors in an exchange team format. We were happy to welcome the junior players plus their coaches **Gordon Collins and Tim and Trish Sunderland. Brian Heiser** has put together a junior exchange in Sacramento which will include an evening watching the Capitals play on July 12.

P.S.- Don't forget the World Conference in September!



## Napa/Solano

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The Napa/Solano area is new even though we have had many active USPTA pros in the area. Recent Past Presidents Michael Friedman and Neil Archer both worked in Solano County, as does current Nor Cal President Paul Garron.

This past year was our areas first year of hosting a USPTA Jr. Circuit. It was very successful with over 125 juniors participating. Several of these juniors played in all 5 of the events. The following USPTA pros hosted and/or supported the tournaments: **Rick Hanover, Sam Levy, Jeanne Guanzon, Greg Ross, Michael Friedman, Karin Strong, Dale Hersch, Lukas Burger, Paul Garron, Mark Hansen, and Jason Pfister.**

**Paul Garron** reports that he and **Anne Pellow** ran 100 Woodland High Students through tennis stations. Anne also presented Quick Start tennis to 65 Woodland elementary students.

**Michael Friedman** and his assistant, **Jason Pfister**, are very busy at Millennium Sports Club, Rancho Solano. Michael reports that with the current 13 USTA teams and a very popular Junior After School program the 11 recently resurfaced tennis courts are very busy. The courts are so busy Michael has had to revamp the court reservation process to handle all the tennis players. Michael and Jason had 44 players at their Tennis Across America event and 62 players at the Memorial Day breakfast. Michael and wife Beth Miller did the cooking.

The Rancho 3.0 Senior Men's team made it to the Nor Cal Sectionals and the Mixed 7.0 advanced to Districts. Great job Michael and Jason.

At Millennium Sports Club, Vacaville we just finished our 2<sup>nd</sup> year of 6-Tennis. We had over 70 juniors play in the 8-week program. At the end of the season 2 of our teams played in the USTA Nor Cal School's program. Both of the teams placed 2<sup>nd</sup> in their respective division. We currently have 8 USTA Adult League teams so our 9 courts are very busy.



**Steve Devries** is back living in Suisun where he grew up. Steve is trying to spend more time at home and not as much time traveling on the circuit. He is teaching part time at Alamo Country Club and working with several Nor Cal juniors. Steve is also still working with tour Players David Martin and Tim Smyczek. Welcome back Steve.

## Patrick McEnroe and Tracy Austin earn USPTA certification

— Former ATP and WTA tour players receive Professional 1 certification —

Patrick McEnroe and Tracy Austin, former players on the ATP and WTA professional tours respectively, have become certified Professional 1 members of the United States Professional Tennis Association, the world's oldest and largest association of tennis-teaching professionals.

They were certified in May by the head tester of the California Division, Lee DeYoung. McEnroe, who played on the ATP tour from 1988 to 1998, is currently based in New York, where he was just named general manager of USTA Elite Player Development. He also recently coached the U.S. Davis Cup team to its first title in 12 years. Austin, who played on the WTA tour from 1978 to 1994, is currently based in California. She was the youngest player to win the U.S. Open at the age of 16 and was the youngest inductee into the International Tennis Hall of Fame at the age of 29. Now she works frequently as a tennis commentator for NBC and USA Network.

"We're extremely proud to have Patrick and Tracy join the ranks of many of the famous players as members of USPTA," said USPTA CEO Tim Heckler. "We're honored to now call them professional tennis coaches."

# ❖ REGIONAL NEWS ❖



## Fresno

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Tennis Across America hit Sierra Sport and Racquet Club and the surrounding schools in the month of May. Under the able direction of **Mike Pearson, Francisco Gonzalez, Teresa Samstag Haug and John Haug**, 2500 children from 1<sup>st</sup> through 6<sup>th</sup> grades were given free lessons. Mike Pearson spearheaded the program, which was expanded to reach the kids at their school sites, as well. The four pros went to Saroyan, Liddel, River Bluff, Polk, and Fresno Christian Elementary Schools and met with 60-80 students every half hour twice a week for a 3 month period, reaching 500-800 students per school. The finale was a 1-hour lesson at Sierra with the pro, a few assistants, and the parents dutifully taking pictures. The follow-up to the TAA event is a paid-after school program offering 6 hours of lessons and a racquet for each student. This will be an on-going program, not something that will be done once a year. "We want to impact kids with tennis," said Mike Pearson. Congratulations to the Pros at Sierra!!



I have decided to do something different for the upcoming newsletters. I'm going to focus on the careers of a USPTA Pro each time so that you can get to know those in the Fresno area.

**Teresa Samstag Haug** started playing tennis at the age of 6 at Real Club de Tennis Barcelona, in Barcelona, Spain. She began playing tournaments locally at age 11 and won her first Club tournament at age 12. At age 16, she began traveling for weeklong tournaments between clubs. Play was done on Clay and Tennis Quick – a porous, crushed pebble.

At age 19 and while in college, Teresa started training with her Coach for her teaching license. At the age of 20, while attending Universidad Autonoma de Barcelona and studying Philosophy, Teresa started teaching her own lessons after school.

After her graduation from college, Teresa began teaching full time and coached 2 National teams: Girls Under 12s and Girls Under 15s for the Spanish Federation and Catalan Federation. She took teams to Portugal, Austria and throughout Spain. She was the first female full-time instructor at Real Club de Tennis Barcelona.

In 1984, Teresa came to the United States, married and had a beautiful daughter, Alejandra. Alejandra played tennis throughout high school and was a Norcal ranked junior. She now attends UC, Berkeley.

In 1985, Teresa tested with USPTA. Since 2000, Teresa has been a teaching Professional at Sierra Sport and Racquet Club teaching all ages. She has the most successful PeeWee (2-4 year olds) program in the area. All of her students love her easy-going, yet effective manner of teaching.

Teresa is married to fellow teaching professional, John Haug, Director of Tennis at Sierra.



## Meet the Pro

Bonjour! My name is **Christine Suard**, and as a seasoned, 20 year veteran of the game I am ecstatic about my most recent accomplishment – becoming a member of the USPTA.

Now for some background... my competitive & coaching experiences with tennis span the globe. As a youngster in my lovely country of Switzerland, I reveled in the intense competition level; consequently facing-off some of the game's finest: Miroslava Vavrinec, Patty Schnyder, Martina Hingis, to name a few. Climbing the national ranks to break top 25, I found myself taking my tennis skills abroad to the U.S to claim many accolades as a scholarship Division I athlete in both Texas & Florida: "All-American, Top 5<sup>th</sup> ranking in singles, and being a captain on my team as we made a national name for ourselves!"

Throughout my competitive years, I gripped passion for teaching the game that has given me much pleasure and exposure to tennis hopefuls. Gaining my first tennis teaching certificate at 16, I continued on to coach players at the Tennis Club of Monthey and Aigle, Switzerland, the California Tennis Academy in Leysin, Switzerland, the Sport & Adventure Camps in Champéry, Switzerland, the Almaden Valley Athletic Club (AVAC) in San Jose, CA, and currently holding the title of Assistant Coach to the Mills Women's Tennis Team in Oakland, CA.

To top of my dedication to helping others realize their tennis dreams – as of January 1<sup>st</sup>, 2008, I joined "GSC" (Global Sport Connexion) as a primary California tennis talent scout, in pursuit to give American players the opportunity to highlight their game in tournaments throughout France!!!

All in all, my educational degrees in Sports Psychology & Education further compliment my tenacity to teach, inspire and bridge opportunities for tennis players!... so, I'm looking forward to hearing from you! Aurevoir! *Christine Suard*

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# NEWS RELEASE

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FOR IMMEDIATE RELEASE

March 11, 2008

## USPTA announces 2008 national tournament schedule

In 2008 the United States Professional Tennis Association will once again present the USPTA National Surface Championship Series and offer its members the chance to earn prize money and ranking points. USPTA members can begin competing and test their playing skills starting with the USPTA Indoor Championships set for April 25-27.

The Indoor Championships are presented by the USPTA Northern Division and the Baseline Tennis Center in Minneapolis. Total prize money for this tournament is \$5,000. The tournament will feature events in the following categories: men's and women's open and 45s singles and doubles competition, and mixed competition in open and 45s.

"We are excited to continue to bring the opportunity of competitive tournament play on various surfaces to our members," said Mark Fairchild, USPTA national vice president and chairman of the Tournament Committee. "We look forward to seeing participation continue to grow in these tournaments."

The tournaments are open to Professional-level USPTA members in good standing. For additional information, please contact the USPTA at 800-USPTA-4U. USPTA Professionals may log in to the "members only" section of the USPTA Web site at [www.uspta.com](http://www.uspta.com) for more information and an application for the first tournament.

2008 USPTA National Surface Championship Series schedule:

### USPTA INDOOR CHAMPIONSHIPS, April 25-27

Baseline Tennis Center, Minneapolis

Tournament director and USPTA contact: Brian McCoy – 763-656-1590

### USPTA CLAY COURT CHAMPIONSHIPS, May 9-12

Ibis Golf and Country Club, West Palm Beach, Fla.

Tournament director and USPTA contact: Chuck Gill – 561-624-8900

### USPTA GRASS COURT CHAMPIONSHIPS, Aug. 22-24

Philadelphia Cricket Club, Philadelphia

Tournament director: Ian Crookenden – 215-247-6290

USPTA Contact: TBD

### USPTA INTERNATIONAL CHAMPIONSHIPS, Sept. 15-18

La Quinta Resort and Spa, La Quinta, Calif.

Tournament director & USPTA contact: Frank Kelly – 512-453-7249

### USPTA HARD COURT CHAMPIONSHIPS, Oct. 24-26

Hollytree County Club and Tyler Tennis & Swim Club, Tyler, Texas

Tournament directors: Jim Sciarro – 903-581-7788 &

Guillaume Gauthier – 903-561-3014

USPTA contact: Frank Kelly – 512-453-7249



# NEWS RELEASE

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## USPTA and ACSM announce historic partnership

HOUSTON – The United States Professional Tennis Association and the American College of Sports Medicine announced an exciting partnership as it relates to each association’s initiatives of *Tennis – for the health of it!*<sup>SM</sup> and Exercise is Medicine™, respectively. The announcement was made on Friday, May 9, during the free Tennis Across America™ clinic with the theme of *Tennis – for the health of it!* held at Zina Garrison’s All Court Tennis Academy at MacGregor Park in Houston.

Jack Groppel, Ph.D., vice president of the USPTA Board of Directors, and Adrian Hutber, Ph. D., vice president of ACSM’s Exercise is Medicine™ program, were in attendance to announce this landmark alliance between the USPTA and ACSM, one of the first of its kind tying together major initiatives from the field of medicine with the arena of sport.

*Tennis – for the health of it!* strives to make the general public aware of the tremendous health, fitness and psychological benefits of tennis and encourage people to get out and play the sport as a part of their regular fitness regimen. The USPTA also strives to encourage and enable people across the nation and world to live a healthy lifestyle through the sport of tennis. In addition, the USPTA and its members are the delivery force through which the public can receive these benefits through lessons and other tennis activities.

“Since there exists tremendous scientific support demonstrating that tennis is one of the best activities in which one could participate, and that USPTA has the infrastructure to deliver the game of tennis to all ages and ability levels, this partnership makes for a great match,” said Groppel. “USPTA-certified professionals will deliver healthy activity on the tennis court, supporting Exercise is Medicine and physicians in their communities to create healthier communities.”

Exercise is Medicine™ has the following guiding principles: Exercise and physical activity are important to health and the prevention and treatment of many chronic diseases, more should be done to address physical activity and exercise in healthcare settings, and ACSM and American Medical Association are making efforts to bring a greater focus on physical activity and exercise in healthcare settings.

“If the power of exercise to improve and maintain health is fully integrated into the U.S. healthcare system, it has the ability to dramatically improve the public’s health and quality of life in a way that perhaps no single medication can. ACSM is thrilled to be partnering with the USPTA in this common goal. The scientifically proven benefits of a correctly implemented tennis-based exercise program combined with the USPTA’s strong network of highly qualified teaching professionals makes this partnership a very natural fit for both organizations, and one that we are confident has huge potential to make a significant contribution to the health of the American public,” said Hutber.

This is a great synergistic relationship between the USPTA and ACSM and the USPTA is the vehicle to deliver exercise programs through tennis that the ACSM is so eager to push for health benefits. Exercise is important to stay healthy and playing tennis provides a great way to do that. Clearly, tennis is a natural fit for Exercise is Medicine™.

Through its network of teaching professionals, exemplified by its nationwide grassroots structure, USPTA is excited to be a vehicle for programs and activities presented by ACSM.

For more information on *Tennis – for the health of it!* visit [uspta.com](http://uspta.com). For more information on Exercise is Medicine™ visit

## Newsletter Information

The USPTA Northern California Division Newsletter is published quarterly. For information, write:

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### 2008 Deadlines

September 5, 2008

November 30, 2008

### Advertising Rates\*

Quarter Page	\$125.00
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Full Page	\$250.00
Business Card	\$40.00

## ❖ Testing Dates ❖

- ❖ August 25 - 27 San Francisco, CA
- ❖ Nov 7 - 8 Napa, CA
- ❖ December 1 - 2 San Francisco, CA

## Welcome New Members

- |                             |                   |
|-----------------------------|-------------------|
| ❖ Ahmed AlHadid             | Mountain View, CA |
| ❖ Stephen Berry             | San Ramon, CA     |
| ❖ Mark Bittner              | Antelope, CA      |
| ❖ Andrea Bohn Eisinger      | Carmel Valley, CA |
| ❖ Hilari Clendanin-Governor | Truckee, CA       |
| ❖ Devin Gallo               | Walnut Creek, CA  |
| ❖ Christine Humphrey        | Penn Valley, CA   |
| ❖ Brian Kimura              | Hollister, CA     |
| ❖ Cyril Macasero            | Fremont, CA       |
| ❖ Brian Martinez            | Folsom, CA        |
| ❖ Danette McDaniel          | Tracy, CA         |
| ❖ Frederick McVickers       | Reno, NV          |
| ❖ Diane Molsberry           | Discovery Bay, CA |
| ❖ Michael Parry             | Danville, CA      |
| ❖ Linda Stern               | Orinda, CA        |
| ❖ Henry Su                  | Mountain View CA  |
| ❖ Frank Van Riggelen        | Mill Valley, CA   |
| ❖ James Walker              | Lincoln, CA       |

## ❖ Dates That Rate ❖

- |                      |                                     |
|----------------------|-------------------------------------|
| ❖ June 22, 2008      | Board Meeting - Claremont Resort    |
| ❖ June 22, 2008      | Specialty Course - Claremont Resort |
| ❖ August 17, 2008    | Specialty Course - Claremont Resort |
| ❖ August 17, 2008    | Board Meeting - Claremont Resort    |
| ❖ Sept 15 - 20, 2008 | World Conference - La Quinta, CA    |
| ❖ October 2008       | Lessons for Life                    |
| ❖ October 5, 2008    | Board Conference Call               |
| ❖ November 2008      | Adult Cup - TBD                     |
| ❖ November 2008      | Fall Conference - Napa              |



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\* RSI 2007 play test review

