

# USPTA

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*NORTHERN CALIFORNIA DIVISION*

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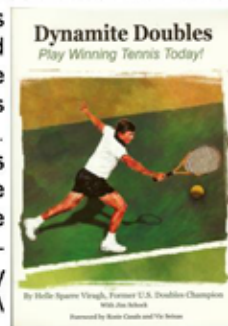
**uspta.** The USPTA of Northern California  
presents  
**Specialty Course**  
by  
**Helle Sparre Viragh!**

**Author of "Dynamite Doubles, Play Winning Tennis Today"**



Helle Sparre Viragh was born in Copenhagen, Denmark, in 1956. She began playing tennis at age six and by age 18 she won 36 National Championships, including the European Championship for Girl's 16's. In 1978 Helle advanced to the round of 32 at Wimbledon and later on that year she won the U.S. Clay Court Women's Doubles Championship. Helle moved to Northern California and in the early 1980's began teaching tennis in Marin County and has been the Head Tennis Pro at Scott Valley Swimming and Tennis Club in Mill Valley, CA for over 20 years. "Dynamite Doubles, Play Winning Tennis Today" a book on doubles strategy was published in 2004 after 15 years in the making.

Helle has been giving talks, seminars and clinics on this special unique doubles system for many years to club players, college players and teaching pros. Helle goes to San Quentin Prison as a volunteer and plays tennis with and coaches the inmates who are on the inside tennis team. She is active in the community, donating lesson time and playing exhibitions to benefit various causes, especially breast cancer. Helle has also spoken at the 2007 World Conference and USPTA NorCal Fall Conferences.



### **Specialty Course: Competitive Doubles Pattern**

Based on the principles of a book written by Helle Sparre Viragh, this specialty course will give you a new look at the dimensions of a tennis court while teaching the dynamics of court positioning, your role and responsibility as a player, visualization during a match, shot selection, drills for success and matchplay strategies. On this fun and informative day you will learn:

- Introduction: Objectives and overview
- Doubles philosophies and tactics
- Meet a new old friend—the different zones
- Players' roles and responsibilities
- Dynamite doubles drills for success
- Developing sound lesson progressions
- Match play strategies

**Sunday,  
June 22nd, 2008  
at Claremont Resort & Spa**

**9:00am - 1:00pm Competitive Doubles Pattern**

To register, please contact  
Rosie Bareis at 510.847.1316 or  
rbareis@claremontresort.com.



*Please make checks payable to USPTA NorCal*